How to Use Your Vision Benefits

vsp vision care

You can see any provider. But you save more when you visit a VSP network provider.

Access your account and ID card

Register for or log in to your member account at VSP.com, then verify your coverage and eligibility. Manage your vision benefits anytime by downloading the VSP Vision Care app.

Create an ameritas.com member account to print or download your ID card to your digital wallet. You can access your VSP account directly with single sign-on.

Find a provider

Verify your network and search for a network provider in your VSP account by selecting Find a Doctor.

VSP offers the nation's largest network of independent doctors. Retail locations include*:

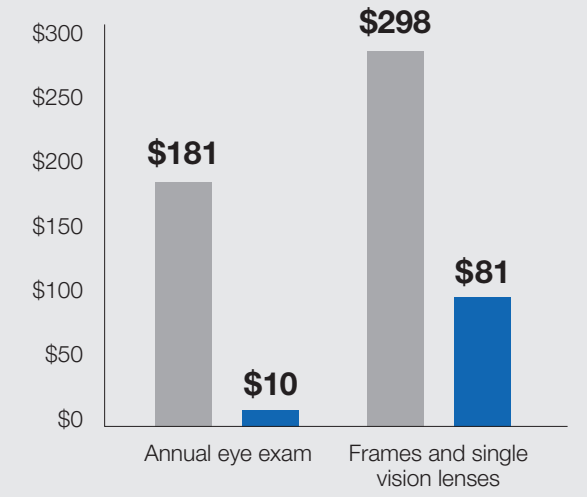
COSTCO OPTICAL sam's club Visionworks Walmart

Browse and buy eyewear online at eyeconic.com. It is in the VSP network and your in-network vision benefits are applied directly to your online order.

Schedule an appointment and check claims

Appointments can be scheduled online with participating network providers. You can check your claim status on the benefits and claim history page on your VSP member account dashboard.

VSP Network Provider Savings



This example reflects average savings. For illustrative purposes, the initial cost without insurance has been estimated. Actual charges may vary.

Find more ways to save with VSP Exclusive Member Extras.

Here to help

Contact VSP for benefit, claims or network questions.

800-877-7195

Contact Ameritas for billing, administration, ID card or network questions.
group@ameritas.com

If you enrolled through an employer: 800-487-5553
If you purchased online: 800-300-9566

*Not all providers at Costco locations are VSP network providers. Please verify that your provider is in the VSP network before seeking services. The frame allowance at some retailers may be less due to lower wholesale pricing.

Ameritas fulfilling life.

This is not a certificate of insurance or guarantee of coverage. © 2026 Ameritas Mutual Holding Company. Read full disclaimer (ameritas.com/dental-vision-legal).

GR 6467 7-26